



Finding Rehab

Pathways and Strategies

Conference and Exhibition

20th-21st April 2021

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Welcome from the CEO

A year ago, I had written an entirely different introduction to this brochure; I was looking forward to welcoming you all to a full day of innovative and best practice approaches to paediatric rehabilitation following childhood acquired brain injury at Edgbaston Stadium. We had an excellent line-up of speakers, alongside a fantastic range of exhibitors and networking opportunities. I could not for a moment have anticipated the year that followed our postponed conference, cancelled just a week before it was due to take place.

Whilst we have all lived in a very different way than any of us could have anticipated in the last year, our goals are exactly the same and that was why we chose to retain our theme of "Finding Rehabilitation" despite having to step back from a physical event.

Delivering our conference online has meant changes to how we do things. A virtual conference has given us the chance to take stock of what the last year has meant for rehabilitation and the challenges those in need of support have faced. Our speaker line-up reflects this and our topics embrace the changes we've all needed to make to support a new way of living.

Alongside our speaker line-up, there are still ample opportunities to network and mingle virtually. We still have an innovative exhibition area with an impressive collection of organisations offering an opportunity to learn more about their products and services. All of this is joined together by a new host in the form of the wonderful Ben Cajee; an experienced television presenter and event host.

We are hugely grateful to our main sponsors, No5 Barristers Chambers, Premier Medical and our Partner CBIRS for standing by us and helping us change from a physical to virtual event; we could not have delivered this conference without their support. Our gratitude also extends to our exhibitors, who have displayed the utmost grace and understanding whilst we transition online.

My sincere thanks is also extended to everyone in my team who has contributed to bringing our conference together and for going on a very steep 'learning curve'. Without their outstanding support throughout this very challenging year we would not be here today.

Whilst the last year has provided its challenges, it has also offered opportunities to consider how everyone delivers their service. We count ourselves in that number and we are excited to be able to unveil our new "CBIT In Hand" service to you that will ensure that we can reach a greater number of families and facilitate early intervention.

As you know I am never happy with just one unveiling moment, so true to our own innovative and ground breaking track record, we are proud to bring you our brand new education programme. The first ever 'ABI Aware School Award' will also be launched during the conference.

The Child Brain Injury Trust is the only organisation working UK wide with families and professionals to enable the whole family to reach their potential following childhood ABI. Our work relies on the support of all our stakeholders to bring about change and to encourage others to understand the impact of childhood acquired brain injury.

We thank you for your support and for joining us over two days to engage with us about this important and potentially life changing topic.

Lisa Turan



Hashtag for the day
#CBITConf2021

Conference programme

Day One: Tues 20 April 2021

Topics: Finding Rehabilitation Therapies and ABI in teenagers

| | |
|-------|--|
| 8.45 | Networking |
| 9.30 | Welcome, overview and housekeeping Lisa Turan, CEO, Child Brain Injury Trust |
| 9.35 | Overview of the day Ben Cajee, Conference Host |
| 9.40 | Best practice guidance for supporting return to education after ABI Emily Bennett & Gemma Costello, Consultant Clinical Psychologist & Heads of Psychosocial Services, National ABI Learning and Education Syndicate |
| 9.50 | Neurologic music therapy during a pandemic: digital legacy and implications for paediatric rehabilitation Elizabeth Nightingale, Neuro Services Lead, Chiltern Music Therapy |
| 10.15 | Managing spasticity and unlocking rehabilitation potential Peter Sanderson, Consultant Physiotherapist and Honorary Lecturer, PSP Paediatric & Neuro Rehab |
| 10.40 | Networking and comfort break |
| 11.10 | Active 8: An intervention using FitBits to increase physical activity Emily Bennett & Ellie Williams, Paediatric Neuropsychology Service, Nottingham Childrens Hospital |
| 11.20 | The latest speech and language therapy interventions to support the rehabilitation of children and young people with ABI. We will focus specifically on augmentative and alternative communication Lauren Bailey & Fran Sephton, Specialist speech and language therapists, Attherapy |
| 11.40 | Networking and comfort break |
| 12.10 | Case management in 2021: Isolation, fatigue and following the guidelines in the teenage years Nicola Steel, Sick Children's Nurse and Case Manager, Child Brain Injury Rehabilitation Service |
| 12.35 | Improving peer relationships for adolescents with ABI: Using intervention mapping as a framework to identify targets for intervention Dr Scott Ankrett, Clinical Psychologist, University of Exeter |
| 12.50 | Introducing our sponsors – No5 Chambers |
| 13.00 | ABI Aware School Award – launch Louise Wilkinson, Head of Information & Learning, CBIT; Petrina Sill, CEO, Eden Dora Trust |
| 13.15 | Close – Conference Chair's summary of today's session Ben Cajee, Conference Host |

Day Two: Weds 21 April 2021

Topics: Finding Rehabilitation Technology, Concussion and Family Involvement

| | |
|-------|--|
| 8.45 | Networking |
| 9.30 | Overview of the day Ben Cajee, Conference Host |
| 9.35 | Overview of APPG on ABI and current initiatives Chris Bryant MP, Member of Parliament, and Chair of APPG for Acquired Brain Injury |
| 9.50 | Imersive technology and neurological rehabilitation Mike Greaney, BASIC (Brain and Spine Injury Charity) |
| 10.10 | The creative use of assistive technology to support children with acquired brain injuries Sharon Leahey & Becky Woods, Specialist speech and language therapists, National Rehabilitation Hospital (Dublin) |
| 10.40 | CBIT in Hand – launch of our new App Gerard Anderson, Head of Brain Injury Services, Child Brain Injury Trust |
| 10.55 | Networking and comfort break |
| 11.25 | Post-concussive syndrome – Outcome of a pilot to develop a treatment programme for children and adolescents within a pandemic Heather Batey, Operations Director, [reach] Personal Injury Services Ltd |
| 11.50 | Supporting rehab – a case for early intervention Sharon Machin, Dr Laura Smith, Dr Clare Barker-Ellis, Regional BI Coordinator, Child Brain Injury Trust; Clinical Psychologists, Birmingham Children's Hospital |
| 12.05 | Identity rehabilitation Dr Alison Perkins, Principle Clinical Psychologist, The Childrens Trust |
| 12.15 | Networking and comfort break |
| 12.45 | Evidence-informed approaches to engaging families in their child's rehabilitation Prof Vicki Anderson, Head of Psychology, Royal Children's Hospital, Melbourne and Director, Clinical Sciences Research, Murdoch Children's Research Institute |
| 13.15 | Introducing our sponsors – Premier Medical |
| 13.25 | Q&A from delegates to (available) speakers from both days, and conference summing up Ben Cajee, Conference Host |
| 13.30 | Thanks and farewell Lisa Turan, CEO, Child Brain Injury Trust |

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The future of brain injury services



Over the years, our brain injury support service has developed into an innovative, transformative and forward-thinking service that has been developed based on the emerging needs of families. Support is provided by a team of highly experienced ABI coordinators from the initial stages of injury through to discharge into the community and transition into adult services. From admission into hospital, ABI Coordinators are on hand to support the wider family through what can often be a very traumatic time.

At the acute stage of injury or illness, ABI Coordinators work with the clinical and therapy teams to provide non-clinical and non-medical advice, information and support around the effects of childhood acquired brain injury and stay with the family throughout their journey into the community and on to adult services. The Child Brain Injury Trust's focus on early intervention ensures that we can help promote positive long-term outcomes by becoming involved at the start of a child's journey and continue that support into adult services.

ABI Coordinators carry out an initial assessment of needs when they first meet a family, so we know how best to meet the needs of the child, parents and carers and siblings. We work with the professionals around the family to ensure support remains child centred and family focussed, and are the team best placed to understand the journey that a family is going through.

The Child Brain Injury Trust provides a measurable and outcomes-based integrated model of support that evidences the impact and long-term benefit to the family. As the needs of the family change, so does the support provided by the Child Brain Injury Trust.

We recognise that not all brain injuries are the same and that as children develop, mature and change, so does the support they need.

By working with the family and professionals, we will continue to develop a service that looks to the emerging needs of families. By transforming how we work, we will work smarter, target isolated and hard to reach communities and improve access to support for those families who, without our support would be left without someone to turn to. We will develop a service that is impactful for everyone affected by childhood acquired brain injury and create ABI Aware communities of the future.



CBIT in Hand

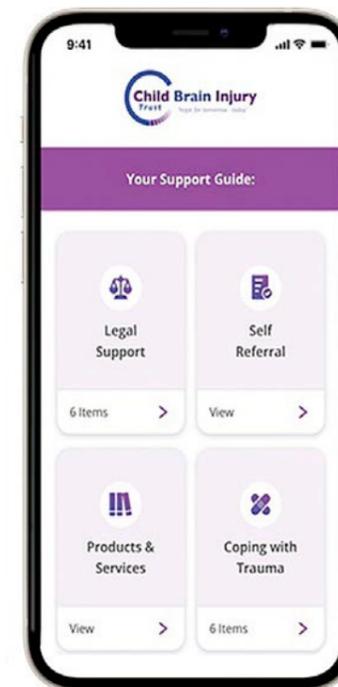


In 2018, we had a vision for the Child Brain Injury Trust to be able to reach more families and provide information and support to them immediately, so that families don't have to wait until they are introduced to us.

We wanted that support to be meaningful, impactful and user-led.

We spent time speaking with experts and identifying what we could deliver, and how we could deliver it. The changes we have all had to make to our lives in the last year hastened the need for us to develop that vision into a tangible support product putting us directly into the paths of families that need our support at any stage in their journey. It is with extreme pleasure that we can announce the launch of the result of that ambition at this year's conference; CBIT In Hand.

CBIT In Hand is a revolutionary new digital service; something it feels apt to launch at our very first virtual conference. Using CBIT In Hand, families will be able to get vital advice and signposting on their child's brain injury;



information that will help them ensure that they are making decisions that best support their child.

We could not have developed CBIT In Hand over the last year without the support of numerous individuals and organisations; our heartfelt thanks go to the Lottery Community Fund, Leigh Day Solicitors, Birmingham Women's and Children's hospital, Alder Hey Children's hospital, the Barclays Pilotlight scheme and some of the families with whom we've worked to secure vital feedback that has enabled us to ensure that CBIT In Hand is shaped into the indispensable support solution we aspired to. Thank you to everyone who has supported us on our journey to embrace a new opportunity to support families following a child's brain injury.

Following the launch of CBIT In Hand, the service will be available to those who need it at any time, and details of how to access the service will be provided at the launch. After the launch this will be available on our website and social media platforms.



Child Brain Injury
Rehabilitation Service

THE UK'S LEADING CASE MANAGEMENT SERVICE FOR CHILDHOOD BRAIN INJURY

Our UK-wide service is passionate about the individual needs of each and every child we support. We're proud of our dedicated, professional team of expert clinicians who are matched to each child and family based on needs and expertise. All levels of injury are assessed to achieve the right outcomes for each child and your case manager will ensure that through assessment, care planning and rehabilitation pathways each child is placed at the heart of every decision to help them to grow up confidently and live a fulfilled life.

To find out more about our service or discuss a case, please speak to Senior Operations Manager Samantha Hadley and Partnership Manager Elaine Johnston at the virtual exhibition.



T: 01327 223817 E: enquiries@cbirs.co.uk W: www.cbirs.co.uk

Our Legal Support Service



When a brain injury happens, we understand that the whole family is affected. We understand what you are going through and want your family to have the best support for your journey. Our experience has also taught us that a number of childhood brain injuries involve a need for support from a legal professional. Ensuring that you receive the most support you are able to, and the best support possible is always at the forefront of our minds when speaking with our families. This is why we have created a UK network of regional, trusted legal partnerships to ensure that the children, young people and families that we support get the right legal support as soon as possible.

In this situation, it's really important to get independent advice from an expert legal professional who understands childhood acquired brain injury and knows how to get the very best for your child's rehabilitation. It's also important to speak to someone as soon as you feel ready to have the conversation.

Across the UK, our legal partners and their expert teams have extensive experience, expertise and importantly, share our values of putting families first and listening to their needs. They have worked with the charity for many years and have represented countless families in similar circumstances to your own. They understand what you are going through and how to help you look to the future.

If your child was injured in an accident, the sooner you can ask a solicitor to investigate matters, the quicker an outstanding legal expert can intervene and relieve some of the pressure that you are going through. They can also work with the team of health professionals around your child and assist with the journey.

Our Legal Support Service partners cover a wide range of specialisms that will cater for your family's needs, from assisting with pursuing a claim for welfare benefits or compensation, to understanding what your employment rights are if you need to take time off work to care for your child.

The Legal Support Service can help you with:

- Securing access to welfare benefits you might be entitled to
- Understanding the litigation process
- Funding arrangements for a legal case
- Employment law advice for parents
- Ensuring your child has access to the education they deserve
- And much more

Further information can be found by visiting:
cbitlegalsupport.org.uk





"From initial assessment and recommendation to long term support. We work with the child's best interests at the heart of everything we do, to make sure their recovery is the best it can be".

At Rehabilitation and Support for Independence, we provide children and adults with acquired brain or spinal injuries the best possible therapy. We are confident in our ability to holistically deliver client-centred treatment on an individualised, case-by-case basis, utilising standardised assessments and evidence based client led interventions.

We have a team of expert practitioners specialising in paediatrics who include Case Managers, Occupational Therapists and Rehabilitation Support Workers. All of whom are highly skilled in their area of clinical expertise and passionate about helping children and young people on their rehabilitation journey.

Our team have vast experience working with children and young people in a wide range of specialities and environments including, neurorehabilitation, acquired brain injury, spinal injury, education and learning difficulties.

Our approachable team offer friendly, professional advice, techniques, and strategies to deal with all complexities. Utilising the latest in occupational science and therapy models to ensure a holistic approach to delivering the following services:

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- Medico-legal and Expert Witness Reports
- Case Management
- Rehabilitation Support Packages

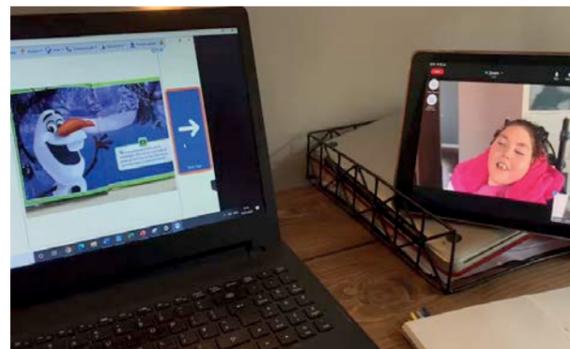
Built on a strong foundation of knowledge and evidence-based best practice, we deliver effective, holistic interventions to enable children to achieve their goals in a supportive, friendly, and approachable team. Get in touch with us!

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info@rehabforindependence.co.uk

Tel: 0161 762 9876
rehabforindependence.co.uk



The latest speech and language therapy interventions to support the rehabilitation of children and young people with ABI. We will focus specifically on Augmentative and Alternative Communication



During their presentation, specialist speech and language therapists Francesca and Lauren (ATtherapy) will be sharing tips, case studies and clinical reflections on working with AAC users. In light of the past 12 months, there is a specific focus on supporting this client group remotely.

We explore the evidence base for providing speech and language therapy to AAC users remotely, which is an emerging and largely unresearched practice (Hall and Boisvert, 2014). We also look at factors which influence the success of telepractice, which includes: Non verbal communication skills, problem-solving skills with technology, managing therapists' and their clients/families feelings around telepractice and understanding the evidence base.

We then look at the scope of telepractice and how we have supported clients remotely. This includes options for set up, using Teamviewer to be 'in the room', utilising features on zoom including screen share, remote control and custom backgrounds, and adaptations to cursor settings to allow modelling of language on a client's AAC device.

Finally, we discuss the future for telepractice and AAC, reflecting on some of the benefits such as reduced travel costs and travelling time, allowing for greater flexibility.

This year's speakers

Lisa Turan

**Chief Executive Officer,
Child Brain Injury Trust**



Lisa has been Chief Executive Officer of the Child Brain Injury Trust since 2003. She is a passionate and committed leader who has a genuine desire to make a difference to families affected by childhood acquired brain injury. Lisa has led the charity with drive and compassion and has overseen it grow from a small charity to a nationally recognised one, supporting many hundreds of families every year.

Lisa is a qualified Charity Accounts Examiner, has an Institute of Fundraising Diploma and has studied to a post graduate level in Charity Resource Management at Sheffield University.

Dr Emily Bennett

**Consultant Clinical Psychologist
in Paediatric Neuropsychology at
Nottingham Children's Hospital**



Emily has supported the work of the Child Brain Injury Trust for many years, and is an active member of the E-ABLES group, as well as her role as a paediatric clinical psychologist at Nottingham Children's Hospital. She has also been supportive in the development of the criteria for the ABI Aware School Award.

Ben Cajee

Our Host



Ben Cajee is an experienced television presenter, voiceover artist, writer and event host. He's been a main presenter on CBeebies (the BBC's flagship children's channel) since 2015 and also leads their Middle East links.

Ben's presented Match of the Day Kickabout, Blue Peter, BBC Live Lessons, BBC Bitesize Daily and live broadcasts for BBC Sport. He's a regular on Match of the Day on BBC One, present producing their community features.

Elizabeth Nightingale

**Neuro Services Lead, Chiltern
Music Therapy**



Elizabeth's clinical specialisms include brain injury, neurodisability, and dementia. Further study following her MSc in Music Therapy has seen her train as a Neurologic Music Therapy Fellow, MATADOC Assessor, and NICU-Music Therapist. As Neuro Services Lead, Elizabeth is the point of contact for all of Chiltern's NMT contracts, coordinating and overseeing the delivery of high-quality services across a range of settings. This role also extends to include work in the medicolegal sector where Elizabeth works clinically, providing specialist assessments for case managers. Elizabeth regularly presents at conferences and universities and has had her work and research published in journals including Brain and Spinal Injury Handbook.

Dr Gemma Costello

**Head of Psychosocial Services,
The Children's Trust**



Dr Gemma Costello is a Specialist Educational Psychologist in paediatric neuropsychology. She is the Head of Psychosocial Services at The Children's Trust, who work as part of an inter-disciplinary team, supporting children, young people and their families following acquired brain injury (ABI). The team also support The Children's Trust School, an independent school and residential service for children and young people with neurodisability and complex needs.

Gemma is an active member of special interest groups in both paediatric neuropsychology and neurorehabilitation, including the steering group of the National ABI in Learning and Education Syndicate (N-ABLES). Gemma is committed to promoting the role of educational psychology in paediatric acquired brain injury, working with services across the UK and more recently contributing to educational psychology and paediatric neuropsychology training at University College London (UCL).

Peter Sanderson

**Consultant Physiotherapist and
Honorary Lecturer, PSP Paediatric
& Neuro Rehabilitation**



Peter has brought together both medics and healthcare professionals to deliver two of the most advanced spasticity services in the UK. Peter gained his experience working in the NHS and the private sector and is now internationally recognised as a leader in the field of neurological rehabilitation.

Peter's area of expertise lies in upper limb spasticity and global movement disorders. He has a wealth of knowledge and expertise in assessing and treating adults and children with various neurological impairments. Peter delivers and facilitates programs in juvenile cerebral palsy, movement disorders, spasticity management, anatomy, including cadaveric workshops and the usage of Botulinum Toxin in rehabilitation. Peter continues to co-lead the largest NHS spasticity service in the UK at the Royal Orthopaedic Teaching Hospital in Birmingham.

Lauren Bailey

Specialist speech and language Therapist, ATtherapy

Lauren is a specialist speech and language therapist and has worked at ATtherapy since February 2018. She predominantly works with children with brain injuries. This includes working with children who require Alternative and Augmentative Communication (AAC). She provides specialist AAC assessments, direct and indirect therapy support and training to the team around the client. Lauren also sits on the committee of the North West Brain Injury clinical excellence network and the North West Mainstream Schools CEN. Lauren has experience of presenting to the Irish Association of Speech and Language Therapists, at Clinical Excellence Networks and at in-house training events.



Dr Scott Ankrett

Clinical Psychologist, University of Exeter

Scott is a clinical psychologist currently working within the NHS. After studying neuropsychology in Bristol, Scott worked for the Child Brain Injury Trust as the Midlands acquired brain injury (ABI) co-ordinator. Seeing the value of psychology for children and families following ABI, Scott continued to pursue training as a Clinical Psychologist at the University of Exeter. Across training, Scott's research focused on improving social outcomes and quality of life for children and adults with ABI. Scott specialised in his final year working with adults with neurological conditions both in the community and in inpatient settings.



Chris Bryant MP

Chris Bryant MP was elected as Rhondda's MP in June 2001 and is the Chair of the All-Party Parliamentary Groups on Acquired Brain Injury, Russia and Spain.



In the last 20 years, Chris has held a variety of Parliamentary positions and whilst Labour were in power; these included serving as the Parliamentary Private Secretary to Rt Hon Harriet Harman MP Leader of the House of Commons and Lord Privy Seal; Secretary of State for Equality and Minister for Women and Deputy Leader of the Labour Party from 2007 to 2008 when he was then appointed to the Government in the post of Deputy Leader of the House of Commons. In 2009 Chris was made Parliamentary Under-Secretary of State, Minister for Europe in the Foreign & Commonwealth Office.

Following Labour's defeat at the 2010 General Election Chris was made Shadow Justice Minister, with responsibility for political and constitutional reform. He was then appointed Shadow Home Office Minister with responsibility for immigration followed by a period as Shadow DWP Minister. He was later promoted to the Shadow Cabinet as Shadow Minister for Culture, Media & Sport and subsequently became Shadow Leader of the House of Commons. He resigned from the Shadow Cabinet in June 2016.

Alongside chairing multiple APPGs, Chris currently serves on the Foreign Affairs Select Committee and is the Chair of the Standards and Privileges Committee. Chris also serves on the Speaker's Committee for the Independent Parliamentary Standards Authority and the Liaison Committee (Commons).

Sharon Leahey

Senior Occupational Therapist, National Rehabilitation Hospital, Dublin



Becky Woods

Senior Speech and Language Therapist, National Rehabilitation Hospital, Dublin



Sharon and Becky are senior clinicians working in the specialist centre for Paediatric neuro-rehabilitation in the republic of Ireland. We work with children (0-18 years) with acquired brain injuries, spinal cord injuries and limb loss. We have a combined experience of 13 years working in this specific field. We have presented at both national and international conferences of the impact of ABI children and how assistive technology can support them.

Fran Sephton

Highly specialist speech and language therapist, ATtherapy

Francesca Sephton is a highly specialist speech and language therapist, specialising in the field of Augmentative and Alternative Communication (AAC). Francesca has worked for ATtherapy since September 2016, leading the mentor service which provides mentoring support for others who use AAC and advice and training for the team around them.



Francesca has delivered training for large communication suppliers such as Smartbox and now helps to manage the AT Start Up Support package which is offered by communication aid companies following device purchase. Francesca is currently participating in research with Manchester Metropolitan University regarding literacy and AAC. She completes expert witness assessments and reports and is qualified in the field of dysphagia.

Louise Wilkinson

Head of Information and Learning, Child Brain Injury Trust

Louise has worked at the Child Brain Injury Trust since 2008, and brought with her over 20 years' experience in the delivery of Learning Interventions. During her time with the charity Louise has personally delivered ABI training to many 1,000's of professionals across many sectors, including Education, Case Management, Social Care, Healthcare and Youth Offending.



Louise is often asked to speak at Conferences and Learning Events about the many different facets of childhood ABI, and has done so at a regional, national and international level. Louise has been instrumental in highlighting the issues of childhood acquired brain injury (ABI) and the links with offending behaviours, and is responsible for number of innovative interventions around this area. She is founder member of the Criminal Justice and Acquired Brain Injury Interest Group (CJABIIG), and won the Stephen MacAleese Award for Inspiration by an Individual in the field of ABI, for her work in this area.

Mike Greaney

Lecturer in Physiotherapy and Senior neurological physiotherapist, Brain and Spinal cord injury charity



Mike has worked in the NHS and the HSE (Irish Health sector) for over 10 years, specialising in neurological physiotherapy. He has worked extensively in innovative clinical environments, including using immersive environments, VR and augmented reality to treat a range of neurological conditions. Speaker: Case Management conference UK – Bristol, November 2018. Keynote speaker: Topic: 'The role of Virtual reality in the physical rehabilitation of clients with a neurological condition'. Current projects Children In Need and Garfield Weston Foundation 3 year virtual reality rehabilitation programme.

Gerard Anderson

Head of Brain Injury Services, Child Brain Injury Trust



As Head of Brain Injury Services, Gerard has operational control of the UK wide team of ABI Coordinators who work across the UK network of major trauma centres. Gerard also manages the team of community ABI Coordinators providing information, support and advice to families living with the effects of childhood acquired brain injury within the community.

Gerard works with local commissioning leads and health and social care teams across the UK to identify opportunities to increase and improve the support available to children and families affected by childhood acquired brain injury.

Nicola Steel

Registered Sick Children's Nurse and Case Manager, Child Brain Injury Rehabilitation Service

Nicola is a registered sick children's nurse and specialist practitioner in community children's nursing with over 20 years' experience of working in both primary and secondary care and managing a complex and challenging case load.



Nicola has a wealth of experience in setting up complex packages of care and in liaising and working alongside multiple agencies across health, social care and education. She also has experience of managing c.1000 hours per week of paediatric complex care, having previously built a paediatric service in the Lincoln and Nottingham areas. She has excellent assessment and outcome driven goal setting skills that support the child through initial rehabilitation phases and transition in to young adulthood and adulthood.

Chris Bright QC

Head of the Clinical Negligence Group at No5 Barristers' Chambers

Chris Bright QC is recognised as a leading PI and Clin Neg Silk who works nationally for leading provincial and London solicitors. Chris is instructed in catastrophic injury claims including those at the highest level i.e. £10m - £20m (he recently secured total damages of £22.75m in a single week), particularly cases involving complex medical, causation and CCG/local authority funding/PPO issues. He regularly lectures for Headway, the SIA and AvMA (and can offer training) on subjects such as maximising damages in TBI/spinal catastrophic injury claims, litigating CP/neonatal and amputation claims and statutory funding.

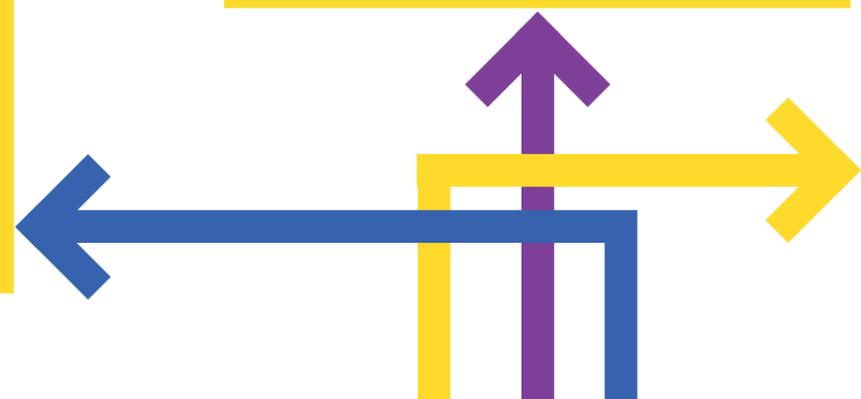


Heather Batey

Operations Director, [reach] personal injury services ltd



Heather's career has been devoted to the assessment and rehabilitation of patients with Traumatic Brain Injury in both hospital and community settings. Having trained as an OT, with an interest in neurology, Heather became the Senior OT in the development of the Leeds Head Injury Team. She jointly set up [reach] believing that rehabilitation at home is the most effective way for clients to learn and practice the techniques they will need to improve their independence and quality of life. Heather regularly makes presentation for client companies eg Insurers, Lawyers and Case Managers. In 2018 she presented at the annual conferences held by Exchange Chambers, Bush & Co. and the CMSUK Annual Conference 2018.



Sharon Machin

**ABI Coordinator,
Child Brain Injury Trust.**



Sharon joined the team in November 2016 as the ABI Coordinator for the Midlands. She provides emotional and practical support to families working alongside many professionals and other agencies involved with children and young people with acquired brain injuries. Sharon works with professionals at Birmingham children's hospital.

Prior to joining the charity, Sharon has held roles in Early Years Education, deputising an early years setting. She has a passion for supporting the care, education and development of children with particular interests in Special Educational Needs and Child protection.

Dr. Clare Barker-Ellis

**Clinical Psychologist,
Birmingham Children's Hospital**



Clare has been working at Birmingham Children's Hospital since September 2017, when she joined the Health in Mind Team to work in both Paediatric Psychology and Paediatric Neuropsychology. In October 2019 Clare began a specialist role in Paediatric Neuropsychology providing services to children and young people on the Epilepsy Surgery Pathway.

Prior to working at BCH, Clare gained experience working at the Queen Elizabeth Hospital (QE) within a Neuropsychology Team for adults with ABI and Epilepsy, where she developed an interest in Acquired Brain Injury and Neuro-rehab.

Dr. Laura Smith

**Clinical Psychologist,
Birmingham Children's Hospital**



Laura has been working at Birmingham Children's Hospital since June 2017, when she joined the Health in Mind (Psychology Team) as the link worker to the Neuro-rehab team and the Inherited Metabolic Disorders Team. She completed the UCL PG Dip in Paediatric Neuropsychology in June 2015 and started the Qualification in Clinical Neuropsychology in April 2019.

Her special interests are in Paediatric Neuropsychology, particularly traumatic brain injury, acquired brain injury and IMD, and in Child Learning Disability (challenging behaviour, sensory feeding difficulties, sleeping difficulties).

Dr. Alison Perkins

**Principal Clinical Psychologist,
The Children's Trust**



Dr. Alison Perkins is a clinical psychologist working in paediatric acquired brain injury (ABI). She practises as part of a multidisciplinary team at The Children's Trust, which provides neuro-rehabilitation for children with severe ABI and their families. Over 20 years of working within the field of paediatric ABI, Alison has developed a particular interest on the impact of an acquired brain injury on the young person's developing identity. She believes that promoting the development of a resilient self-concept is an essential part of holistic paediatric neurorehabilitation.

Alison's current role at the Trust involves service development and neuropsychological supervision for the psychology team. Alison has experience in providing internal and external training at The Children's Trust and recently acted as a visiting lecturer for the Clinical Psychology Doctorate course at University of East London.

Krissi Fletcher

**Head of Premier Specialist,
Part of the Premier Medical Group**



Krissi joined Premier Medical in early 2019, helping to create and launch Premier Specialist. With a detailed knowledge of the catastrophic injury sector, Krissi manages a team designated to providing bespoke services and customer care to catastrophic and clinical negligence cases.

Krissi and her team understand the intricate detail a complex case requires and are able to provide expert assistance at all levels, with a case handler dedicated to each, unique case.

Krissi has a strong background in both operations and business development and has worked in the personal injury and clinical negligence sector for over 14 years.

Professor Vicki Anderson

**Head of Psychology,
Royal Children's Hospital,
Melbourne**



Dr Anderson is a paediatric neuropsychologist, working across clinical, research and academic sectors. She is the Director of Psychology at The Royal Children's Hospital, Melbourne, Australia, and Director, Clinical Sciences Research, Murdoch Children's Research Institute. Her primary research and clinical interest focuses on improving outcomes from early childhood brain disorders. Her recent work has built upon evidence for the importance of the family in maximising recovery from childhood injury and illness, and her team is exploring parent-focused e-health interventions as a means of maximising child outcomes and improving family function.

Dr Anderson has over 500 publications, 6 books, and \$45 million in competitive research funds. She is Associate Editor of the APA journal 'Neuropsychology' and the British Psychological Society 'Journal of Neuropsychology'. She is a founding board member of the International Paediatric Brain Injury Association, a board member of the International Brain Injury Association, board member of Australian ADHD Professionals Association and past president of the Australasian Society for the Study of Brain Impairment and the International Neuropsychological Society.

Managing Spasticity and Unlocking Rehabilitation Potential

Spasticity is not a new problem and it can have a devastating impact upon a child's quality of life. All too often treatment and management modalities currently employed are not supported by the evidence base and do not achieve the best possible outcomes for the child affecting and limiting functional capability.

This presentation looks at the current evidence behind innovative treatments to manage spasticity. It explores the potential to improve overall quality of life (World Health Organisation parameters of activity and participation) so that the glass ceiling of physical rehabilitation can be broken, and children and young people can fully engage with their communities and positively contribute to society.

Nationally there are sound and robust guidelines regarding spasticity management in the Under 19s (NICE). So, if the guidelines are there, why are we not implementing them? This presentation will open a dialogue to explore the changes required to innovate our daily practice to ensure we deliver the most effective spasticity management plans to children and young people throughout the UK and allow for the child to maximise their rehabilitation goals.

Peter Sanderson
Consultant Neurological Physiotherapist

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The Children's Trust Brain Injury Community Service

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Website: www.MeningitisNow.org

**Meningitis
now**

*Many medical experts now use the term sepsis instead of septicaemia.

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We are here to listen and to help with practical and emotional issues which may arise over time.



We work in hospitals, schools and in the community and are able to offer face to face meetings, phone and email support.

Brain injury can strike at any time and affect anyone. It doesn't discriminate but the consequences are devastating. The Child Brain Injury Trust is there to ensure no one faces childhood acquired brain injury alone



www.childbraininjurytrust.org.uk



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Finding Resources for Rehab



It is not just people who are part of the rehabilitation pathway. Accessing and using appropriate resources are an integral part of finding rehabilitation for the whole family after childhood ABI.

We are proud that with the support of author and award-winner Sarah Mackie, we have been able to add an additional resource to our library that addresses how siblings are supported post childhood ABI. Siblings are often overlooked in the aftermath of an ABI event. But they are an intrinsic part of the family dynamic and can be affected deeply by what happened, especially if a sibling witnessed the event; or maybe they feel left out and unloved because all the focus is on their brother or sister.

In our latest book, Zero to Hero, Sarah takes young readers into the lives of Riley and Nathan Summers; teenage siblings who have been uprooted after their brother Josh's devastating car accident and subsequent brain injury. Both must navigate this new change to their family's rhythm alongside the other pains and pressures of teenagehood – leaving readers with a new perspective on everyone's collective struggles.



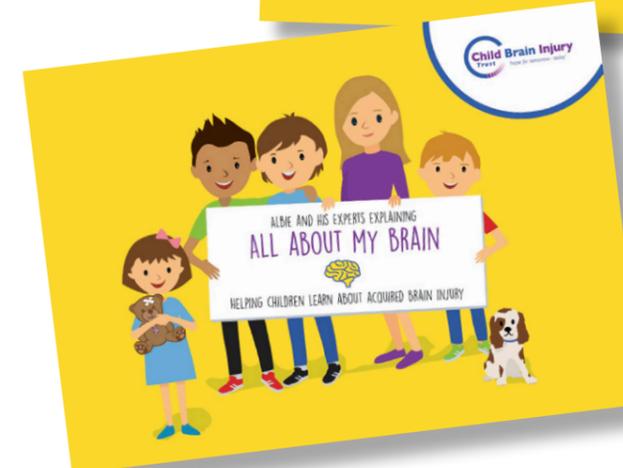
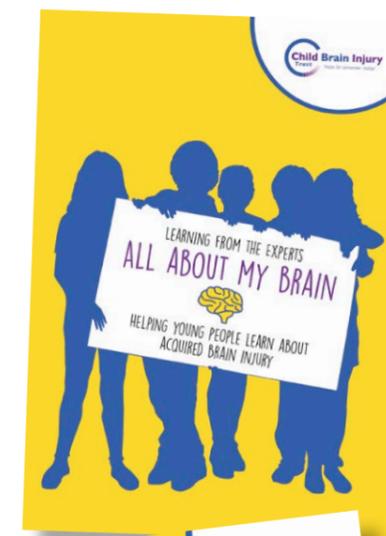
Parents and practitioners alike will benefit from reading this novel, as it gives great insight to how the teenage mind copes with these often traumatic experiences.

Zero to Hero joins a host of other resources in our rehabilitation library that you may wish to add to yours:

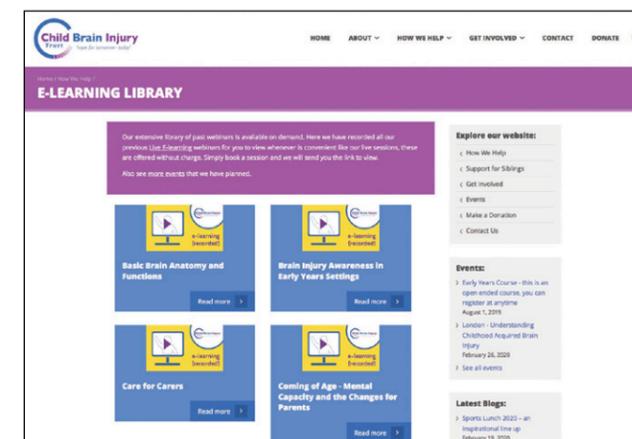


- **Booklet** (PDF version) – Childhood Acquired Brain Injury: the hidden disability specifically written to support educators and families around the issues within education.

- **All About My Brain books** – two age appropriate versions to help children and young people understand what has happened to their brain and why those supporting them need to FIND REHAB.



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New for 2021 ABI Aware School Award

For the majority of those children affected by acquired brain injury (ABI) who return to mainstream education, school is where the majority of their rehabilitation takes place. Currently so few teachers, SENCO's and Inclusion practitioners have any knowledge about this specialist area of SEN.

Parents are now able to express their wishes about which school they want their child to attend, so it makes sense that as a parent or guardian of a child affected by ABI, they can choose a school where they can be confident that their child's needs can be fully understood and met.



Over the last 3 years the Child Brain Injury Trust has been working with the Eden Dora Trust for Children with Encephalitis to develop and deliver an "ABI Aware School" award. We have seven trial schools who have completed (or almost completed) the evidence gathering, and training required and we are now confident that we have a fully developed and trialled package to offer schools across the UK.

There will be no charge for state schools to apply to become an "ABI Aware School". The priority for us is to increase awareness and provide knowledge and support that enables any young person affected by ABI to get the best possible support in education, and help them achieve their full potential.



The award is broken down into seven elements where schools must provide evidence to meet the 38 individual criterion that we have specified. The elements that schools will be assessed on are:

Element 1 – Leadership and Management: This element requires schools to have a whole school approach to supporting ABI and policies are person centred. It also requires schools to work closely with families to maintain optimum support levels.

Element 2 – Awareness, Understanding and Prevention: Awareness and understanding of ABI, how it manifests, the behavioural outcomes and how to support specific needs are imperative to supporting a child affected by ABI. This Element focusses on training to both prevent and support ABI.

Element 3 - Identification and Support: This element has two aspects – helping to identify those children who may have an ABI who as yet have not been given a diagnosis, or have been misdiagnosed as having ADHD, Autistic spectrum disorders and other learning difficulties. It is also about how well the school is able to support the specific needs of children affected by ABI.

Element 4 – Learner Environment: Children affected by ABI can be very easily over stimulated and require the right environment and resources to help them succeed. This Element aims to ensure this happens.

Element 5 – Family Support and Communication: We know that ABI can affect the entire family and it is important that the school maintain an open dialogue with parents/guardians/carers so that the strategies to help support and learn can be consistent at school and home.

Element 6 – Transition/Return: We know how important it is that school manage the return to school, or transition to a new Key Stage or school. This element makes sure that the ABI Aware School has all the right policies and support in place.

Element 7 – Local Support Information Pack: Most areas will have a "Local Offer" that schools can access for further support through a range of therapeutic practitioners and resources in their area. For this element school must also produce this information pack to signpost families to the myriad of services, support groups and social opportunities that a family may need for their child affected by ABI.

We hope you will see how comprehensive the Award is and that those schools who gain the award have been "quality assured" by an organisation that has been supporting children, young people and their families, when ABI strikes out of the blue.

For full details about this fantastic new school intervention, please visit our website:
childbraininjurytrust.org.uk/abiaware-schools-award



Early Years Project

Early Years Certificated training.

In January 2019 we were delighted to launch our new certificated Early Years online training course, which carries nine hours of accredited CPD.

Why have we focused specifically on U5's? The reason for this is unfortunately very clear to us, a 2016 study (Epidemiology of children with head injury: a national overview. L Trethan et al 2016) showed that of 5,700 UK children with head injuries, aged 0-15, over half were in the 0-5 age group.

When you think about this it isn't surprising. At this age children are determined explorers, with little awareness of risk. We know that the most common cause of injury in this age group is falls.

To help address this need, the Child Brain Injury Trust has developed this online training programme, offered to all early years staff across the UK. Working through this programme will result in a nursery or day care unit being recognised as having "Head Injury Aware" staff.

Here is just a small sample of the feedback from those who have completed the course:

"The use of essays is helpful as they can be used for easy sharing of knowledge with colleagues. Will certainly recommend to transition staff taking children into next stages."

"I found it an excellent course and having the flexibility of doing it at my own pace was a bonus"

The Early Years Nursery Campaign



- **Head Injury Aware early years settings**
 - CPD training
 - Resources for nurseries, childminders, day-care
 - Stickers
 - Parents Information leaflets
 - "Bump" slips



"I thoroughly enjoyed this course. It was fascinating and easy to follow, giving a complex introduction into the development of the brain and the absolute necessity to protect young children"

"Great course. Thank you."

Why not get your childcare provider to sign up for the course, so you can be sure they are a "Head Injury Aware" setting? Simply visit childbraininjurytrust.org.uk/early-years for more information.



Early Years Training Course

An online, CPD approved course, from the Child Brain Injury Trust.

Working through this programme will result in your nursery or day care unit being recognised as "Head Injury Aware".

www.childbraininjurytrust.org.uk/early-years/

"A must for anyone working with children in the Early Years."



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Anava, our MD, is the only accommodation expert with an OT background. She is Bond Solon/Cardiff University accredited and strongly believes that her understanding of medical conditions, rehabilitation and care requirements are key to understanding the clients' accommodation needs.

Anava regularly speaks at conferences, including CMSUK and NAIDEX. She also writes for a range of titles, appearing in the Sunday Times, PI Focus, the OT Magazine and Modern Law.

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Fundraising

The Fundraising department has always been an integral part of our strategy; money raised by the department helps us to keep supporting the children and families we work with. Before last year, we would have told you that our fundraising efforts included several large-scale corporate events, individual challenge activities that frequently involved mass participation events, and a host of activities from our corporate supporters. However all of this requires one vital input – gathering in groups face to face.



From last March, as social distancing regulations were effected and mass gathering prohibited, our ability to fundraise was severely hampered. Like much of the rest of our daily lives, we have spent the last year doing what we are able to online. This has led to a challenging fundraising environment, however we have been fortunate that a number of our corporate supporters have sought to help us raise vital funds by hosting quizzes, raffles and online drinks tasting events for us, whilst individuals have still taken on their own challenge events for us.

More than ever, the support we have received from individual and corporate fundraising efforts has meant the world to us. We believe we are truly gifted to see how passionate our supporters are when it comes to helping us provide better outcomes and a better future for our families. They've helped us navigate the hardship of the last year, and we are hopeful that this support continues as the world starts to emerge from lockdown and in-person gathering becomes safe again.



Would you like to be involved in 2021 and beyond?

We are always keen to work with people to facilitate the fundraising methods that work best for them. Whether you're a member of a business and you think your company may wish to be more involved, or an individual keen to do more for us, we'd be delighted to hear from you and discuss what you may be interested in doing to support our fundraising efforts.



If you'd like to join us and start a fundraising journey with us either as an individual or a corporate supporter, contact Danielle Gibson, Fundraising Manager – daniellegibson@cbituk.org

You can also find a list of our current fundraising events on our website, with new events being added regularly: childbraininjurytrust.org.uk/events/categories/fundraising-events/

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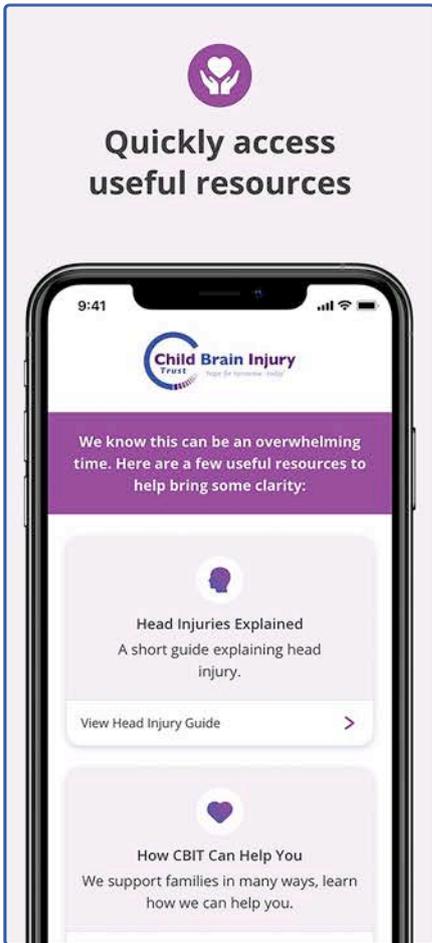
If you would like advice, information or to make a referral please visit our website: childbraininjurytrust.org.uk

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